

NATIONAL TRAINING WEEKEND TIME TABLE – MAY 2017

SATURDAY – 20 MAY 2017

| | <u>Level 1</u> 09:00 – 12:00 hours | <u>Level 2</u> 09:00 – 12:00 hours | <u>Level 3</u> 11:30 – 14:30 hours | <u>Level 4</u> 14:15 – 17:15 hours | <u>Level 5</u> 17:00 – 20:00 hours |
|---------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| RINK 1 | 09:00 - 12:00 | 09:00 - 12:00 | 12:00 – 14:30 | 14:30 – 17:15 | 17:15 – 20:00 |
| RINK 2 | 09:00 - 11:30 | 09:00 - 11:30 | 11:30 – 14:15 | 14:15 – 17:00 | 17:00 – 20:00 |

SUNDAY – 21 MAY 2017

| | <u>Project 2017 Reduced Squad</u> 08:45 – 11:45 hours | <u>Youth Ladies</u> 11:00 – 14:00 hours | <u>Ladies U17's & Seniors</u> 12:30 – 15:30 hours | <u>Under 20's</u> 15:00 – 18:00 hours |
|---------------|--|--|--|--|
| RINK 1 | 08:45 – 11:45 | 11:45 – 14:00 | 13:00 – 15:30 | 15:30 – 18:00 |
| RINK 2 | | 11:00 – 14:00 | 12:30 – 14:00 | 15:00 – 15:30 |