

PROGRAMME

ENGLAND ROLLER HOCKEY – PROJECT 2018 Santa Maria da Feira - Portugal 27 November – 2 December 2017

Monday, 27 November

07:00	Arrive Stansted Airport
09:25	Departure to Porto – Ryanair FR8343
11:45	Arrive Porto Airport
12:30	Departure to Santa Maria da Feira
13:15	Arrive to Hotel dos Loios (Check In & return to Bus to go to Sports Centre)
13:45	Lunch (Sports Centre Café)
16:00 – 17:45	Training 1 (adapt to the rink)
18:00	GAME 1: England – Academico da Feira (Under 13/15)
19:30	GAME 1: England – Academico da Feira (Under 15)
20:00	Dinner for players in U13/15 Game (Sports Centre Café)
20:45	GAME 1: England – Academico da Feira (Under 17)
21:15	Dinner for players in U15 Game (Sports Centre Café)
22:15	Dinner for players in U17 Game (Sports Centre Café)
23:30	Bedroom
23:45	Lights out

Tuesday, 28 November

08:00	Wake Up
08:30	Breakfast
09:15	Departure to Sports Centre (from Hotel Reception)
10:00 – 12:00	Training 2
12:30	Lunch (Sports Centre Café)
14:15 – 15:30	Training 3 (Players 2004 & 2005)
15:30 – 16:45	Training 3 (Players 2002 & 2003)
17:15	Dinner (Sports Centre Café)
18:45	Departure to Albergaria-a-Velha (from Sports Centre)
20:00	GAME 2: England – Aveiro Regional Select (Players 2004 & 2005)
21:30	GAME 2: England – Aveiro Regional Select (Players 2002 & 2003) (Snack after the games)
22:30	Return to Feira
23:45	Bedroom & Lights out

Wednesday, 29 November

07:30	Wake Up
08:00	Breakfast
08:45	Leaving Hotel for Sports Centre
09:30 – 11:30	Training 4
12:00	Lunch (Sports Centre Café)
13:45 – 15:00	Training 5 – Under 13 & Under 15 Teams
15:00 – 16:15	Training 5 – Under 17 Team (Snack after each training session)
17:00	Departure to Gulpilhares (from Sports Centre)
18:00	GAME 3: England – Gulpilhares (Under 13/15)
19:00	GAME 3: England – Gulpilhares (Under 15)
20:00	GAME 3: England – Gulpilhares (Under 17)
21:30	Return to Feira
22:00	Dinner (Sports Centre Café)
23:30	Bedroom & Lights out

Thursday, 30 November

07:30 Wake Up
08:00 Breakfast
08:45 Leaving Hotel for Sports Centre
09:30 – 11:30 **Training 6**
12:00 Lunch (Sports Centre Café)
14:00 – 16:00 **Training 7**
16:30 Snack
16:45 Departure to Cambra (from Sports Centre)
17:45 **GAME 4: England – Cambra (Under 13/15)**
19:00 **GAME 4: England – Cambra (Under 15)**
20:15 **GAME 4: England – Cambra (Under 17)**
22:00 Return to Feira
22:30 Dinner (Sports Centre café)
23:45 Bedroom & Lights out

Friday, 1 December

09:00 Wake Up
09:30 Breakfast
10:15 Leaving Hotel for Sports Centre
11:00 – 13:00 **Training 8**
13:45 Lunch (Sports Centre Café)
14:45 Departure to Paco do Rei (from Sports Centre)
16:00 **GAME 5: England – Paco do Rei (Under 13/15)**
17:15 **GAME 5: England – Paco do Rei (Under 15)**
18:30 **GAME 5: England – Paco do Rei (Under 17)**
20:30 Dinner (Restaurant in Paco do Rei)
22:00 Return to Feira
23:45 Bedroom & Lights out

Saturday, 2 December

05:45 Wake Up
Breakfast Pack to give to each person
06:15 **Departure to Porto Airport**
07:00 **Arrive airport**
09:20 **Departure to Stansted - Ryanair FR8346**
11:50 **Arrive Stansted Airport**