

NATIONAL TRAINING WEEKEND TIME TABLE – JANUARY 2019

SATURDAY – 19 JANUARY 2019

	<u>Level 1</u> 09:00 – 12:00 hours	<u>Level 2</u> 09:00 – 12:00 hours	<u>Level 3</u> 11:30 – 14:30 hours	<u>Level 4</u> 14:15 – 17:15 hours	<u>Level 5</u> 17:00 – 20:00 hours
RINK 1	09:00 - 12:00	09:00 - 12:00	12:00 – 14:30	14:30 – 17:15	17:15 – 20:00
RINK 2	09:00 - 11:30	09:00 - 11:30	11:30 – 14:15	14:15 – 17:00	17:00 – 20:00

SUNDAY – 20 JANUARY 2019

	<u>Project 2019 Open Session</u> 09:00 – 12:00 hours	<u>Ladies Basic Level</u> 12:00 – 15:00 hours	<u>Ladies Development & Competitive Levels</u> 12:00 – 15:00 hours	<u>Ladies Seniors</u> 15:00 – 18:00 hours	<u>Under 19's Players born 2001/2002</u> 15:00 – 18:00 hours
RINK 1	09:00 – 12:00	12:00 – 15:00	12:00 – 15:00	15:00 – 18:00	15:00 – 18:00
RINK 2		12:00 – 15:00	12:00 – 15:00		