



Summer Camp 2019



Dear All

I am pleased to announce that following the continual success of the Roller Hockey camps, I will be organising two Summer Camps in conjunction with the NRHA development plan.

The **SUMMER CAMP 1** will commence on Friday 2nd August and finish on Monday 5th August 2019.

This will be open to the following groups:

- Level 1 to Level 4
- Ladies Development

The **SUMMER CAMP 2** will commence on Friday 9th August and finish on Monday 12th August 2019.

This will be open to the following groups:

- Level 4 players by invitation
- Level 5
- Under 15 & 17 Final Squads
- Ladies U17's and Senior

This Camp is open to all irrelevant of ability. If you are not already attending National Training then please contact me so that I can assess the correct group for you.

The Camps will be run as a day Camp at the Ross Peers Sports Centre in Soham. All participants will need to be there for a 9am start and will need to be collected at 6pm. Every player will require a packed lunch of some description, snacks throughout the day and plenty of drink. There are also various snacks and drinks available through the vending machines at the sports centre.

The Camp will be run by me, with help from coaches within my coaching structure and England senior player's as well as coaches from abroad. During the Camp we will be supported by Camp coordinator Michaela Parfitt, who will be organising the players off the rink.

The Objective of these Camps are:

- For younger players – Basic Skating and How To Play The Game
- For Older Players - Work On Tactics and Fitness
- Goalkeepers - Specific Training

T-shirts will be provided to each player for the Camp. The camp will finish on day four with games and a presentation event, with each player receiving a medal.

Due to the popularity of the Camp, allocation of places will be on a first come first served basis, only being guaranteed on receipt of the registration form and deposit. So I would encourage you to register as soon as possible.

Please complete the Camp registration form online and pay your non-refundable deposit of £50, made payable to J C Amaral to National Training or Club training sessions. If you are unable to contact me during any of these sessions please feel free to email me at the email address shown at the bottom of this letter and I will supply the bank details to enable you to make the payment accordingly. Once these have been received I will confirm your place on the Camp.

The total cost of the Camp will be £150 and the remaining balance of £100 can be made in instalments if preferred, but full payment will be required by end of June 2019. To attend 1 day the total cost will be £50.00, 2 days will be £87.50, 3 days will be £125.00. Please indicate on the registration form which days you can attend if you are unable to make all four days.

Places on the camp will be allocated with a priority for those wishing to attend all 4 days, after that any remaining places will be allocated accordingly.

I look forward to receiving your registration, however if you have any questions in the meantime, or would like to discuss anything further with me, please contact me.

Yours in sport,
Carlos Amaral

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